Opioid Overdose Reversal

The 5 Most Important Steps

- · Try grinding knuckles into sternum (breastbone) to

- immediate attention
- "Someone is unresponsive and not breathing"

- · For larger quantities or fentanyl-involved overdoses

SUPPORT THE PERSON'S BREATHING

- · Be sure the airway is clear
- · Tilt the head back and pinch the nose closed
- · Place your mouth over the person's mouth and give
- . Follow with 1 breath every 5 seconds
- Individuals should be monitored for at least 4 hours
- dose of naloxone wears off in 30-90 minutes

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LOOK FOR SIGNS OF OPIOID OVERDOSE

- Unconsciousness
- Slow or shallow breathing
- · Fingernails turning blue or purple
- · Try grinding knuckles into sternum (breastbone) to

wake them up CALL 911 FOR HELP

- · A person experiencing an overdose needs immediate attention
 - · Call 911 for help right away
 - "Someone is unresponsive and not breathing"

ADMINISTER NALOXONE

- · Administer the first dose of naloxone
- Wait 2—3 minutes
- Administer second dose of naloxone, if no response
- For larger quantities or fentanyl-involved overdoses may take more doses

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MONITOR THE PERSON'S RESPONSE

- Individuals should be monitored for at least 4 hours after an overdose by medical professionals
- · A person can go back into an overdose after the first dose of naloxone wears off in 30-90 minutes

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