

# UR Medicine

## Recovery Center of Excellence

### Who are we?

UR Medicine Recovery Center of Excellence was established by HRSA's Rural Communities Opioid Response Program in fall 2019 to address substance use disorder (SUD) in rural areas—with emphasis on the current opioid crisis and preventing future epidemics. Our team is working to reduce morbidity, mortality, and other harmful effects of SUD, particularly from synthetic opioids.

### How can we help?

Every community struggles with SUD. Our country has made great strides in the fight against opioids, but we recognize that SUD is not going away and there are emerging waves in synthetic opioids and stimulants. By listening to what's working, synthesizing community knowledge, and using evidence-based and emerging best practices, we're building a storehouse of resources to provide technical assistance to rural communities. There are numerous approaches to tackling this challenge, so we've put together the following table to help communities prioritize the next steps to take, wherever they may be in their efforts.

| Best Practices<br><i>* Addresses synthetics</i>  | Step 1:<br>Save Lives | Step 2:<br>Engage the Community | Step 3:<br>Expand Access to Treatment | Step 4:<br>Identify People at Risk | Ecosystem of Recovery |
|--|-----------------------|---------------------------------|---------------------------------------|------------------------------------|-----------------------|
| Adapting Opioid Treatment Programs to COVID-19*  | ✓                     |                                 | ✓                                     |                                    |                       |
| Naloxone Distribution*   | ✓                     | ✓                               |                                       |                                    | ✓                     |
| Reducing Stigma, Self-Stigma, and Shame  |                       | ✓                               |                                       |                                    |                       |
| Academic Detailing<br><i>Initial Engagement of Primary Care Practice (PCP)</i>                           |                       | ✓                               | ✓                                     |                                    | ✓                     |
| Suicide Prevention Training<br><i>Identifying People at Risk</i>   |                       | ✓                               |                                       | ✓                                  |                       |
| ED-Based MOUD in Collaboration with SUD Treatment Providers*   | ✓                     |                                 | ✓                                     | ✓                                  | ✓                     |
| Behavioral Health Assessment Officer<br><i>Embedded in Emergency Department (ED)*</i>                    |                       |                                 | ✓                                     | ✓                                  | ✓                     |
| MOUD via Telemedicine as a Bridge to PCP-Based MOUD*   |                       |                                 | ✓                                     |                                    | ✓                     |
| Behavioral Health Care Manager Embedded in PCP   |                       |                                 |                                       | ✓                                  | ✓                     |
| Primary Care Provision of MOUD   |                       | ✓                               | ✓                                     |                                    | ✓                     |
| Primary Care Transitions Clinic<br><i>Connecting Individuals with PCP Post-Incarceration</i>             |                       |                                 | ✓                                     |                                    |                       |
| Rural Opioid and Direct Support Services (ROADSS)<br><i>Hub and Spoke Model for Methadone Treatment*</i> |                       |                                 | ✓                                     |                                    |                       |

### Ecosystem of Recovery

The Ecosystem of Recovery reflects the approach we are using in the Appalachian region of New York State, to create broader access to and community-wide support for evidence-based and emerging best practices in opioid treatment. This approach may be a good framework for other communities on this journey. It begins by establishing partnerships across the community to provide patients with access to treatment in their homes, EDs, and treatment centers. It ends with community-wide engagement in treatment and care management integrated into primary care practices. The system is designed to increase screening, provide timely access to treatment, sustain long-term recovery, and engage primary care providers in a system of care.

### Contact Us

Phone: **1-844-COE-URMC (263-8762)**

Email: **URMedicine\_Recovery@URMC.Rochester.edu**

Website: **[recoverycenterofexcellence.org](http://recoverycenterofexcellence.org)**