OPIOID OVERDOSE REVERSAL

THE 5 MOST IMPORTANT STEPS

1. LOOK FOR SIGNS OF OPIOID OVERDOSE
   - Unconsciousness
   - Slow or shallow breathing
   - Fingernails turning blue or purple
   - Try grinding knuckles into sternum (breastbone) to wake them up

2. CALL 911 FOR HELP
   - A person experiencing an overdose needs immediate attention
   - Call 911 for help right away
   - "Someone is unresponsive and not breathing"

3. ADMINISTER NALOXONE
   - Administer the first dose of naloxone
   - Wait 2 to 3 minutes
   - Administer second dose of naloxone, if no response
   - For larger quantities or fentanyl-involved overdoses may take more doses

4. SUPPORT THE PERSON’S BREATHING
   - Be sure the airway is clear
   - Tilt the head back and pinch the nose closed
   - Place your mouth over the person’s mouth and give 2 slow breaths
   - Follow with 1 breath every 5 seconds

5. MONITOR THE PERSON’S RESPONSE
   - Individuals should be monitored for at least 4 hours after an overdose by medical professionals
   - A person can go back into an overdose after the first dose of naloxone wears off in 30-90 minutes

SOURCE: SAMHSA OPIOID OVERDOSE PREVENTION TOOLKIT