Opioid Overdose Reversal

The 5 Most Important Steps



LOOK FOR SIGNS OF OPIOID OVERDOSE • Unconsciousness

- Unconsciousness
 Slow or shallow breathing
 Fingernails turning blue or purple
- Try grinding knuckles into sternum (breastbone) to wake them up

- A person experiencing an overdose needs immediate attention Call 911 for help right away "Someone is unresponsive and not breathing"

- ADMINISTER NALOYONI
- Administer the first dose of naloxone
 Wait 2—3 minutes
- Administer second dose of naloxone, if no response
- · For larger quantities or fentanyl-involved overdoses may take

SUPPORT THE PERSON'S BREATHING

- Be sure the airway is Clear
 Tilt the head back and pinch the nose closed
 Place your mouth over the person's mouth and give 2 slow
- Follow with 1 breath every 5 seconds

- MONITOR THE PERSON'S RESPONSE

 Individuals should be monitored for at least 4 hours after an overdose by medical professionals
- A person can go back into an overdose after the first dose of naloxone wears off in 30—90 minutes

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HSA Oploid Overdose Prevention Toolkit, 2018

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